

**CHM 3140 Exam Wrapper - Post-Test Survey** (Due 5/2/21) Name: \_\_\_\_\_

**Metacognition** By taking a step back and thinking about the way you learn, you can improve your learning! The following survey will guide you through an exercise in self-reflection, with the goal of improving your performance on the next exam. You will earn 3 points credit if you complete this survey, and 3 points for corrections (\*include written reflection, if score <55). It analyzes the following three areas

1. How did you prepare for this exam?
2. What kinds of mistakes did you make?
3. How will you prepare differently next time?

*\* If exam score is below 55, you must submit a written reflection with your exam corrections (what will you do differently to prepare for the final exam?)*

What was your score\* on the exam?

1. Leading up to the exam, approximately how many hours per week outside of class (on average) did you spend studying Organic Chemistry?

2. Given the approximate # of textbook problems in each chapter (#), about how many did you work on?

Ch. 6 (# problems) (Chemical Rxns)		Ch. 7-1 (# problems) (Substitution Rxns)		Ch. 7-2 (# problems) (Elimination Rxns)	
6 SkillBuilders (28)		3 SkillBuilders (31)		6 SkillBuilders (54)	
End-of-Chapter (EOC) (33)		EOC (20)		EOC (53)	

How did you work on textbook problems?

☐ Only hand-written   ☐ both, mostly hand-written   ☐ both, mostly WileyPLUS   ☐ only WileyPLUS

3. Approximately how much of your studying was spent doing each of the following activities?

5                      4                      3                      2                      1  
major contributor   moderate amount   some time spent   minimal amount   not done at all

\_\_\_ Reading textbook section(s) for the first time

\_\_\_ Writing key concept or chapter summaries

\_\_\_ Rereading textbook section(s)

\_\_\_ Reviewing sample exams

\_\_\_ Working on/reviewing submitted homework assignments

\_\_\_ Working on sample exams

\_\_\_ Solving textbook problems for practice

\_\_\_ Reviewing/rewriting your own notes

\_\_\_ Working on online homework (e.g., Sapling)

\_\_\_ Reviewing materials from course website

\_\_\_ Writing/using flash cards

\_\_\_ Working with a study group (OLC)

\_\_\_ Other (Please specify)

*Of the above activities, which did you find most helpful? (mark top 3-5 with \*\*)*

4. How often did above activities involve you providing **evidence of your learning**? (writing answers down)

☐ almost all the time   ☐ often/almost daily   ☐ regularly (not daily)   ☐ occasionally   ☐ rarely

5. Do you agree or disagree with the following statement: I felt prepared when I walked into the exam.

☐ strongly agree   ☐ agree   ☐ somewhat agree   ☐ disagree   ☐ strongly disagree

6. Do you feel you spent enough time studying for the exam? If not, please mark all your reason(s).

☐ I dedicated enough time to study

☐ I underestimated the time needed

☐ I fell behind the lecture pace and ran out of time for latest material

☐ Additional midterms/assignments in other classes

☐ I had health issues

☐ Other commitments kept me from needed studying (work/family/etc.)

7. Which part of the exam was easiest for you? Why? Which part of the exam was most difficult? Why?
8. Now that you have looked over your graded exam, estimate the percentage of points you lost due to each of the following.

- |   |  |
|---|--|
| <input type="checkbox"/> Trouble understanding a concept  | <input type="checkbox"/> Didn't know how to approach the problem |
| <input type="checkbox"/> Trouble remembering nomenclature | <input type="checkbox"/> Lack of preparation                     |
| <input type="checkbox"/> Trouble with definitions         | <input type="checkbox"/> Unclear expectations                    |
| <input type="checkbox"/> Trouble with technique           | <input type="checkbox"/> Reviewed the wrong material             |
| <input type="checkbox"/> Not concentrating/focused enough | <input type="checkbox"/> Not practicing enough                   |
| <input type="checkbox"/> Careless mistakes                | <input type="checkbox"/> Anxiety (and specifically over what?)   |

9. For each page of the exam, place a check mark for each reason that fits any missed question on that page. Total the checks in each row. Look at the reasons with the highest totals and decide what you can do to get a better test score next time.

Incorrect response(s) on each page, and reason(s) for mistakes (mark all that apply)

p. 2	p. 3	p. 4	p. 5	p. 6	Total	
						The information was not in my notes, or my notes were incomplete.
						I studied this, but couldn't remember all the details, or how to apply it.
						I did not work enough problems on this topic. (lack of preparation)
						I misread or did not follow the directions.
						I wrote poorly organized or incomplete responses.
						I made a careless mistake.
						I ran out of time.

10. Did you experience any test anxiety? Mark all that apply.

- |   |  |
|---|--|
| <input type="checkbox"/> I felt rushed.   | <input type="checkbox"/> I was so tired I could not concentrate. |
| <input type="checkbox"/> I was so hungry I could not concentrate.                         | <input type="checkbox"/> I experienced mental block.             |
| <input type="checkbox"/> I panicked.  |  |
| <input type="checkbox"/> I could not concentrate because I was too distracted. (Explain.) |  |

11. Would you like to improve your performance on the next exam, or maintain your high level if you did well? Mark the things you will do differently or spend more time on when preparing for the next exam.

- |   |   |
|---|---|
| <input type="checkbox"/> Improve my time management                     | <input type="checkbox"/> Writing key concept or chapter summaries |
| <input type="checkbox"/> Reading textbook section(s) for the first time | <input type="checkbox"/> Reviewing sample exams                   |
| <input type="checkbox"/> Rereading textbook section(s)                  | <input type="checkbox"/> Working on sample exams                  |
| <input type="checkbox"/> Work on/review homework assignments            | <input type="checkbox"/> Reviewing/rewriting your own notes       |
| <input type="checkbox"/> Solving textbook problems for practice         | <input type="checkbox"/> Reviewing materials from course website  |
| <input type="checkbox"/> Working on online homework (e.g., Sapling)     | <input type="checkbox"/> Working with a study group               |
| <input type="checkbox"/> Writing/using flash cards                      | <input type="checkbox"/> Other (Please specify)                   |

How to  
"study"  
o-chem



How to  
earn an  
"A"



**Additional 3 points course credit if you turn in corrections for the problems you got wrong!**