## **CAL POLY POMONA**

## CHM 201 Organic Chemistry, Dr. Laurie S. Starkey 1<sup>st</sup> Day Survey



- 1. Like a muscle, your brain can grow. (YouTube video http://goo.gl/XjUqTE)
  - a. Strongly Agree b. Agree c. Neutral d. Agree e. Strongly Agree
- 2. Even if I don't see myself as a "math person," I can still improve my math skills.
  - a. Strongly Agree b. Agree c. Neutral d. Agree e. Strongly Agree
- 3. You can learn new things, but you can't really change your basic intelligence.
  - a. Strongly Disagree b. Disagree c. Neutral d. Disagree e. Strongly Disagree
- 4. Your talent in a given area is not something you can change very much.
  - a. Strongly Disagree b. Disagree c. Neutral d. Disagree e. Strongly Disagree
- 5. If you are a smart person, you won't have to study a lot or work hard.
  - a. Strongly Disagree b. Disagree c. Neutral d. Disagree e. Strongly Disagree
- 6. Active learning and peer-to-peer learning strategies can significantly improve student success.
  - a. Strongly Agree b. Agree c. Neutral d. Agree e. Strongly Agree
- 7. The earth is flat.
  - a. Strongly Disagree b. Disagree c. Neutral d. Disagree e. Strongly Disagree
- 8. If I get a bad grade on a midterm, what should be my response?
  - a. Evaluate my time commitment (more time overall and taken in smaller chunks, daily if possible)
  - b. Reconsider my learning strategies and how my studying time is spent (see "Tools for Success")
  - c. Reach out to study group, professor
  - d. Remind myself that I am "not yet" at the level I want to be, but that I can get there
  - e. All of the above
- 9. If I want to learn a new skill (e.g., sports, music, dance), which of the following are needed for mastery?
  - a. Having access to instructions that are detailed, organized, and easy to follow
  - b. Dedicating time to practice
  - c. Periodically assessing my skill level
  - d. Receiving regular feedback on my performance and progress
  - e. Seeking help when I am struggling
  - f. All of the above

## TWO MINDSETS BY CAROL S. DWECK, Ph.D

